



Facilitating intergenerational solidarity and learning through building friendships between youngsters and elderly

www.bondingproject.eu



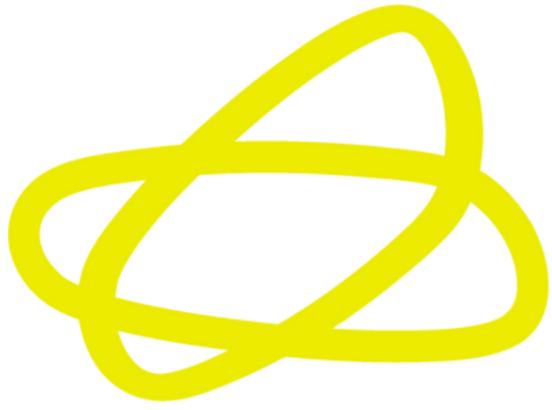
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Bonding

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BEFRIENDING SKILLS

Are you:

- Communicative and active listener?
- Friendly and caring with older people?
- Honest and trustworthy?
- Committed, reliable, empathetic & resilient?

You can become a Befriender!

A befriending relationship needs:

- Non-discrimination
- Equality
- Engagement
- Inclusion

For more information visit the sites below:



Bonding



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